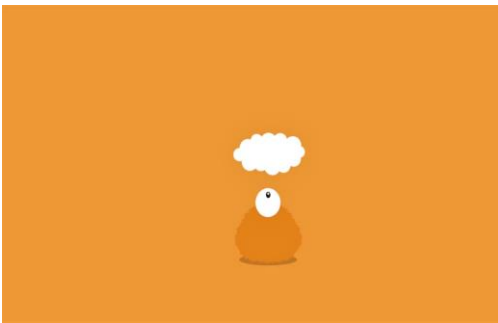


# shakey



## The Worrinots gave my daughter confidence to speak out

*"The Worrinots is a stroke of genius as we now know what upsets our daughter and can avoid these topics altogether."*



### Executive Summary

A personal friend of the CEO of Worrinots Ltd asked to have The Worrinots app sent to him. He had noticed some changes in behaviour of his eldest daughter, he couldn't think of anything that she could be worried about. A young girl of 8, in private education and who has everything she could possibly want, what could she possible have to worry about?

## Challenges

Sleeping with the light on was a recent occurrence along with challenging behaviour, no matter how many times he tried talking to his daughter she just wouldn't open up and reveal what was worrying her.

## How the Product Helped

Within 5 minutes of his daughter having use of The Worrinots app she revealed 4 worries, some were simple adjustments they could make and some were more complex.

## Results

We soon realised that Harry Potter was a film that was just too old for our daughter, she started sleeping with the light on as Voldermort had scared her.

It was clear to us that we needed to think about the type of conversations we had in front of our daughter over dinner, having conversations about distant friends passing away caused our daughter to worry about her Grandparents passing away and causing anxiety.

We was able to make adjustments to the morning routine when getting ready for school.

*Finally we was able to get to the root cause of her challenging behaviour, we spoke with the school and recruited the help of pastoral care to help deal with the bullying she was going through*



One of her worries was a much more serious issue, she revealed to Shakey that she was being bullied at school, we had no idea. This resulted in us being able to recruit the help of pastoral care within the school to help deal with the bullying she was going through. It also managed to highlight a bigger picture to the school, she was not the only child being bullied.

Regardless of the nature of her concerns she just wasn't prepared to reveal them to us, she told The Worrinots that she thought her parents would think she was being silly to worry about these things. I couldn't wait to inform the staff at Worrinots Ltd their Worrinots app is a stroke of genius as we now know what upsets our daughter and can avoid these topics altogether.